ITHOUGHT VAPING WAS HEALTHIER..



THE USE OF VAPING AND E-CIGARETTES IS UNSAFE

MORE THAN 5 MILLION U.S. MIDDLE AND HIGH SCHOOL STUDENTS USED E-CIGARETTES IN THE PAST 30 DAYS.

ROUGHLY 1 IN EVERY 20 AMERICANS USE VAPING DEVICES, AND 1 IN 3 OF THOSE USERS VAPE DAILY.

20% OF AMERICANS AGES 18 TO 29 USE VAPE PRODUCTS, COMPARED WITH 16% OF THOSE AGES 30 TO 64.

FEBRUARY 2020, THE CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC) CONFIRMED 2,807 CASES OF E-CIGARETTE OR VAPING USE-ASSOCIATED LUNG INJURY (EVALI) AND 68 DEATHS ATTRIBUTED TO THAT CONDITION.

CHRONIC COUGH AND CONGESTION

NICOTINE DEPENDENCE

RISK FOR ACUTE PNEUMONIA AND LUNG DISEASE

RESPIRATORY FAILURE AND LUNG COLLAPSE

INCREASED RISK FOR HEART DISEASE

DECREASED ATHLETIC PERFORMANCE.

BURNS DUE TO EXPLOSION.

INCREASED RISK FOR STROKE

CHEMICAL STIMULANTS INTERFERE WITH THE QUALITY OF SLEEP.

For more information, please contact your local **Semper Fit**

